



ARK HOLISTIC CARE



Premium Care. Personal Touch

Address - 50 Wiltshire Blvd Thorne Hill Park VIC 3335

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ABOUT US

We care and provide premium personalised care using highly qualified trained nurses and support workers

Ark Holistic care is an established NDIS provider equipped with professional trained support workers and nurses. All our staff members are trained to provide the highest level of care and attention to detail, so that you can be assured of receiving the best possible care while living in your home. With the help of Ark Holistic Care, people can easily find and book a vetted caregiver for home support services. It eliminates the stress and helps them save money.



OUR MISSION

To improve the lives of Australians by empowering people to become more active and engaged in the design and delivery of care services.



OUR VISION

Our vision is for all Australians to have the freedom to live in a place of their choice and listen to their wishes.

Why Choose Ark Holistic Care?

Respect

We respect our participants & their rights as individuals, while supporting their needs in the community.

Acceptance

We accept everyone irrespective of their disability, cultural background or sexual identity & will actively support and empower individuals & their families.

Care

We aim to provide high quality care with integrity, accountability and diligence.

HIGH INTENSITY NURSING

The high intensity nursing will be provided using highly trained critical qualified health care professional.

- Tracheostomy management and care
- Complex bowel management and care
- Mechanical ventilation
- Subcutaneous injection and medication administration



GROUP ACTIVITIES

Our organization pursue an individual focused help model and assist you with building up your freedom, certainty, confidence and social association abilities.

Following are the group activities we are involved with but are not limited to:

- Cooking/Baking Activities
- Movie Sessions
- Yoga & Meditation
- Music Therapy



HOUSEHOLD TASKS

Our team endeavours to incorporate assistance with and/or supervising tasks of daily life in an independent living environment. These can be temporary or ongoing with an aim to develop the skills of each participant to live as independently as possible.

Some of the daily tasks that we can assist with are listed below:

- Accommodation/Tenancy Assistance
- Personal Care Activities
- High Intensity Daily Personal Activities
- Household Tasks such as cleaning, cooking etc.



LIFE SKILL DEVELOPMENTS

To help clients to deal with these difficulties, we offer a scope of development activities, planned for building their ability to oversee day-to-day life, through the advancement aptitudes and network of support.

We can provide training and development across a range of life skills, including:

- Personal hygiene
- Nutrition
- Transport and travel
- Communicating with service providers and support networks



DAILY TASK/ SHARED LIVING

Whether you are living in your own home, living a shared accommodation arrangement or a rental property we can ensure that we'll assist in providing you with a plan for you to achieve living independently.

Our highly trained staff will support you by:

- Teaching you how to live with others and ensuring you can cope with your responsibilities around the home
- We'll even assist with your move if it is the first time you are going to be living in your own or shared accommodation



COMMUNITY PARTICIPATION

We believe that engaging in your community are essential to daily life. We will help you to identify organisations in the community that provide activities that you enjoy most and connect you with them. Our need is to guarantee each movement lines up with your inclinations and is reasonable for your present social and relational abilities.

These exercises happen in the network and might be:

- Within a group
- one-to-one with any of our support worker



TRAVEL/TRANSPORT ASSISTANCE

We can support you with a range of Travel and Transport Assistance including driving you to and from appointments, assist with grocery shopping and getting you to and from activities and events.

Our dedicated staff are happy to attend any appointments with you to ensure that you are supported in the best way possible. We also help our participants to increase their independence by providing them with the knowledge of public transport including taxis, Uber, bus, tram, trains, and even interstate and international travel.



COMMUNITY NURSING CARE

Ark Holistic Care provides clinical and personal nursing care to participants who are unable to travel or prefer receiving care in their own home due to privacy, comfort, or any other reason. The aim just like any other service is to support participant's independence and lifestyle in a safe and preferred environment.

A typical assistance provided by a community nurse include:

- Wound care and Catheter Care
- Medication Management and Administration
- General Nursing Care
- Hygiene and Incontinence



PERSONAL ACTIVITIES

Our team will be more than happy to assist you with the basic tasks like showering and dressing you for the day ahead, which also includes all personal hygiene requirements. Nourishment is the focal point of all life. Planning nutritious meals which gives one a reasonable eating plan can be hard for numerous people.

Commonly, it is the little things that truly have the large effect. Our group of trained staff comprises of caring individuals who can give you assistance and help you with certainty and surety that can truly assist you with day-to-day activities.



ACCOMMODATION

Ark Holistic Care provides supported independent living to people with disability to enable participants to enjoy a place to call home whilst maintaining and building their independence.

Supported independent living homes support a small group of four to five people.

Some of the benefits of choosing accommodation with Ark Holistic Care:

- Safe and relaxed
- Your own room that you can arrange and decorate in your way.
- Easily accessible.
- Convenient to all local facilities such as shops, hospitals etc.





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